



Archbishop O'Sullivan Catholic School Newsletter - May 2021



Principal: Lisa Bickerstaffe
 Secretary: Kathleen Logan

St. Paul the Apostle Parish Priest: Father Sebastian Amato
 Superintendent: Carey Smith-Dewey

Learn
Reflect
Change
Grow



Happy Retirement Mr. Lollar

On behalf of the students and staff I extend warm wishes to Mr. Lollar on his upcoming retirement. He has touched the lives of many students, staff and families over his 26 years of service to AOS. It is difficult to express in simple words the extent of our gratitude for his countless contributions to the social and spiritual life of the Archbishop O'Sullivan Catholic School community.



Algonquin & Lakeshore
 Catholic District School Board

Welcome to Kindergarten!



Kindergarten classes focus on faith formation, academic success and programs for children, all within a play-based learning environment. Teachers and Early Childhood Educators work together to develop your child's natural curiosity and excitement for learning. Archbishop O'Sullivan Catholic School ensures a caring and safe environment for your children, all while staying committed to the use of advanced technology in the classroom. Our staff would be happy to answer any questions you might have about enrolment and our school. To register the following **original documentation** will be required:

- Birth Certificate
- Baptismal Certificate
- Taxation Information
- Proof of Residency (eg. current utility bill, property tax bill, phone bill, agreement of purchase)
- Immunization record
- Relevant custody documents
- Relevant medical documents

For more information and to access to the pre-registration online process: <http://www.alcdsb.on.ca> or [http://www.alcdsb.on.ca/school/abos/Pages/default.aspx#/=](http://www.alcdsb.on.ca/school/abos/Pages/default.aspx#/)

Check us out:

<https://www.youtube.com/watch?v=mK2vvTQYNuY&t=3s>

2021 Beacon of Hope Award: James Webb



Congratulations to Grade 8 student James Webb who is our 2021 Beacon of Hope recipient. This award is presented to one student from each school in the Algonquin and Lakeshore Catholic District School Board who consistently gives witness to the Catholic virtues through service to their school and wider community, characterized by dedication, integrity and gentle spirit.



2021-2022 School Year Information






As we continue to plan for next year it is important to know the number of students who will be attending Archbishop O'Sullivan for the 2021 – 2022 school year. The number of staff we are allotted is based on the number of students enrolled in the school. If you are moving and/or your child(ren) will not be attending AOS in the fall of 2021 please email the office as soon as possible flhpabos@alcdsb.on.ca . Thank you for your communication in this matter.



The Algonquin Lakeshore Catholic School Board Foundation's goal is to help families in our school communities needing urgent financial assistance, in times of challenge, with unexpected expenses such as eye glasses, medical supplies, food, clothing and transportation. Families requiring urgent assistance are asked to contact their school Principal.

Safe Arrival Reporting System

<p style="text-align: center; font-weight: bold;">SchoolMessenger Mobile App</p> <div style="text-align: center; margin: 20px 0;">  </div> <p style="text-align: center; font-weight: bold;">SchoolMessenger</p> <p>Download the app from the Apple App store or Google Play store.</p> <p>Sign up to create your account.</p> <p>To report an absence, select Attendance, then Report an Absence.</p>	<p style="text-align: center; font-weight: bold;">SchoolMessenger Website</p> <div style="text-align: center; margin: 20px 0;">  </div> <p style="text-align: center; font-weight: bold;">go.schoolmessenger.ca</p> <p>Sign up to create your account.</p> <p>To report an absence, select Attendance, then Report an Absence.</p>	<p style="text-align: center; font-weight: bold;">Call toll-free</p> <div style="text-align: center; margin: 20px 0;">  </div> <p style="text-align: center; font-weight: bold;">1-844-445-4383</p> <p>Call the toll-free number at 1-844-445-4383 to report your child's absence.</p> <p>You will be asked to enter your phone number that you have registered with the school.</p> <p>Follow the prompts to report your child's absence.</p>
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Safe Arrivals Program – Report your Child's Absence
Archbishop O'Sullivan Catholic School has launched the Safe Arrivals Program in early December which allows parents/guardians to report their child's absence in a new, more convenient way. Using the SafeArrivals Program, parents/guardians will be able to report daily absences (such as an illness, medical appointment, etc.) and even schedule upcoming absences in one of three ways:

- SchoolMessenger mobile app
- SchoolMessenger website
- Calling toll-free 1-844-445-4505

Please note that all student absences or late arrivals will need to be communicated via the new system after our launch date. **Please refer to our school website for further information about using the SafeArrival Absence Reporting System.**



Our next Catholic School Council virtual Microsoft Teams Meeting scheduled for **Wednesday, May 19th at 6:30 pm**. All are welcome. ☺ If you are not currently on the Catholic School Council contact list and would like to attend, please email the school and we will send you the Microsoft Teams link for our virtual meeting.



YMCA of Kingston Before/After School Care
 We offer both an Extended Day (Kindergarten) and a School-Aged program. The hours are: 7:30 - 9:00 a.m. and 3:20 - 5:30 p.m. The contact is April Kilpatrick, Supervisor 613-546-2647 x 237
april.kirkpatrick@eo.ymca.ca



Archbishop O'Sullivan's school web page is a great way of keeping current and up-to-date with what is going on at our school. School email: flhpabos@alcdsb.on.ca
 Web site: www.alcdsb.on.ca/school/abos
 Follow us on Twitter [@alcdsb_abos](https://twitter.com/alcdsb_abos)



Support our School Council fundraiser with Play! Gaming and Entertainment

This Gaming Centre supports various school community initiatives:

- Portion of cost of Agendas
 - Outdoor and Physical Education equipment
 - Classroom enhancements, allotment for extra classroom resources
 - Lollar Rink support
 - New technology (laptops, iPads, etc.)
 - Support of our outdoor education centre
 - End of year activities and so much more
- Follow them on Twitter at [@playYGK](https://twitter.com/playYGK)





Catholic Education Week Mental Health Week

- Monday: Preparing the Earth ~ Emotional
- Tuesday: Sowing Seeds of Gratitude ~ Social
- Wednesday: Cultivating Relationships ~ Spiritual
- Thursday: Harvesting New Fruit ~ Physical
- Friday: Marvelling in Wonder ~ Cognitive



Supporting Healthy Schools

Hand Hygiene

The first line of defense!

As the cold and flu season draws nearer, remember that hand hygiene is the single most important way to control the spread of infection. Teach your child how to clean their hands properly and re-enforce the message often.

Clean your hands before:

- preparing or eating food, or
- visiting some who is sick.

Clean your hands after:

- using the bathroom,
- coughing, sneezing, wiping or blowing your nose,
- handling foods,
- handling garbage,
- outdoor activities, or
- playing with pets.

Soap or Sanitizer?

If hands look dirty, use soap and water. If they don't, use an alcohol-based hand rub.

For more information, visit www.kflaph.ca

www.kflaph.ca

2016-10-28

★ Tips

How to wash your hands:

<p>1 Wet hands Mouiller les mains</p> 	<p>2 Soap Prendre du savon</p> 
<p>3 Lather (minimum 15 seconds) Faire mousser (minimum de 15 secondes)</p> 	<p>4 Rinse Rincer</p> 
<p>5 Towel dry Sécher les mains avec une serviette</p> 	<p>6 Turn taps off with towel Fermer le robinet avec la serviette</p> 



Updated April 1, 2021

COVID-19










School and Child Care Screening Tool

Complete screening before attending child care or school.

For an online version, visit covid-19.ontario.ca/school-screening

1. Is your child/student or any household member currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or conditions they already have.

 <p>Fever 37.8°C or higher or chills</p>	 <p>Cough</p>	 <p>Shortness of breath</p>	 <p>Loss of taste or smell</p>	
 <p>Sore throat, painful swallowing</p>	 <p>Runny, stuffy, congested nose</p>	 <p>Headache that is unusual or long-lasting</p>	 <p>Nausea, vomiting, diarrhea</p>	 <p>Muscle aches or extreme tiredness that is unusual</p>

If anyone in your household has any symptom(s), a COVID-19 test is recommended for that individual. Your child/student and all household contacts must stay home and self-isolate until:

- The symptomatic individual receives a negative COVID-19 test result, **or**
- They receive an alternative diagnosis by a health care professional, **or**
- It has been 10 days since their symptom onset.

See back for additional return to school information.

If the symptomatic child/student does not seek COVID-19 testing, household members must isolate for 14 days from their last contact with that symptomatic child/student (a total of 24 days if the symptomatic child/student is not able to effectively self-isolate).

2. Has your child/student or anyone they live with travelled outside of Canada in the last 14 days? (Does not apply to those exempt from federal quarantine as per Group Exemptions Quarantine Requirements)
3. Has a doctor, health care provider, or public health unit told them that they should currently be isolating (staying at home)?
4. Have they been identified as a "close contact" of someone who currently has COVID-19 in the last 14 days?
5. Is anyone they live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?
6. In the past 14 days have you received an alert exposure through the COVID app. If yes, test and self isolate until you receive a negative test result.

If you answered **YES** to questions 2, 3, 4, 5, the child/student cannot attend school or childcare. They must stay home, self-isolate, and follow the advice of public health. Please inform your school/child care for attendance purposes.

kflaph.ca

 **KFL&A**
Public Health

To return to school/child care, your child/student must also meet the following requirements:

- they do not have a fever (without using medication),
- it has been at least 24 hours since their symptoms started improving (48 hours since last episode of vomiting or diarrhea if they experienced these symptoms),
- they feel well enough to attend, **AND**
- they pass the daily screening.

In addition to receiving a negative COVID-19 test result, or an alternative diagnosis or isolating for 10 days since their symptom onset.

How do I isolate my child/student?



Stay home



Wash hands frequently



Avoid contact with others



Cover coughs and sneezes



Keep your distance



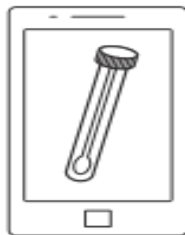
Wear a face covering, if possible

Note: All household members are **required** to isolate until the symptomatic individual receives a negative COVID-19 test result or an alternative diagnosis from a health care provider. For detailed isolation instructions, please visit kflaph.ca/SelfIsolation



How do I get my child/student tested for COVID-19?

Visit kflaph.ca/AssessmentCentre for information on locations and hours of operation for assessment centres in Kingston, Frontenac and Lennox & Addington Counties.



How do I access my child/student's COVID-19 test results?

Test results are available online at covid-19.ontario.ca.